## Child Nutrition Program August 2016

The Brazos Independent School District participates in the National School Lunch and School Breakfast Program which require us to follow Federal Nutrition Guidelines. The guidelines allow us to offer students nutritionally balanced lunch and breakfast meals daily.

Children from households that meet Federal Income guidelines are eligible for free or reduced price meals at \$0.30 for breakfast and \$0.40 for lunch. Applications for free and reduced priced meals are given to all students at the beginning of school as part of the student packet. Applications are also available in the front office at each campus.

A new application must be completed each school year. Complete one per household.

## 2016-2017 Meal Prices

Breakfast		LUNCH	
Student – Pre-K-12 <sup>th</sup>	\$1.30	Student- Pre-K-5 <sup>th</sup>	\$2.45
Student Reduced	\$0.30	Student 6 <sup>th</sup> – 12 <sup>th</sup>	\$2.70
		Reduced Price	\$0.40

Meal prices are for a complete meal. For all incomplete meals a la carte prices will be charged.
Complete Breakfast - A minimum of ½ cup serving of fruit + 2 additional food items.
Complete Lunch – Choose at least 3 of 5 meal components offered (Fruit, Vegetables, Milk, Meat, Grain), Additionally at least one of those choices must be a ½ cup serving of fruit or vegetable.

## **CHILD NUTRITION POLICY**

**ELEMENTARY** - Students have a seven dollar charge limit, when the child's account reaches the seven dollar negative balance, the student will not receive the published lunch. These students will receive an alternate meal (cheese sandwich, fruit, milk) until their negative balance is paid. Students with a negative amount on their account are not allowed to purchase breakfast or al-a-carte items, including milk.

**MIDDLE SCHOOL & HIGH SCHOOL** – These students are allowed to charge one tray only. The next day, if money is not received on their account, they will be given an alternate meal (cheese sandwich,fruit,milk) until their negative balance is paid in full. Students with any negative amount are not allowed to purchase breakfast, a-la-carte items, including milk.

All school cafeterias have computerized point of sale/cash register systems that maintain a record of all monies deposited and spent for each student and said record will be made available to the parent upon request. Meals can be paid for in advance and balances maintained in their child's account to minimize the possibility that the child may be without meal money on any given day. Payments may be made at the point of sale or in advance. Brazos ISD provided a service called Lunch Money Now; this program will permit parents to access their student's cafeteria account via the internet. This access will provide the parent with the ability to do several things including checking the student's balance, viewing the students purchase history, and making deposits to the child's lunch account. Parents are also able to subscribe for email warnings when their child's account dips below a specified amount reminding the parent that their child's balance needs attention.

For more information about Nation School Lunch or School Breakfast Program, including free and reduced-priced meals, call the Brazos ISD Child Nutrition Office, Georgina Matula (979)478-6006 or email gmatula@brazosisd.net.